



Marijuana EDIBLES

What are marijuana edibles?

They are food items made with marijuana or marijuana oils which can be used as an alternative to smoking or vaporizing marijuana.

Are there different types of marijuana edibles?

Edibles come in many different liquid forms or food types, including:

- Brownies
- Cookies
- Drinks
- Popcorn
- Candies, including animal or fruit-shaped gummies, suckers and chocolates

Will ingesting marijuana affect one differently than smoking it?

YES. Unlike smoking marijuana, where the effects can be felt almost immediately, effects from edibles can:

- Take from 30 minutes to two hours to take effect.
- Last longer than expected depending on the dose, last meal, and/or medications or alcohol used at the same time.

Are marijuana edibles stronger than a marijuana joint?

YES! THC levels, the main psychoactive ingredient in marijuana, can vary in marijuana edible products. The amount of THC in **homemade** marijuana edibles can vary even more. Eating too much of an edible may produce unwanted health effects.

Why are edibles appealing to our youth?

They are easier to conceal -- no odor -- and youth perceive edibles to be safer. Marijuana edibles look similar to other foods, drinks, or candy and can be easily confused for non-marijuana products. No matter what, **marijuana is marijuana.**

How is this affecting our youth locally?

In Monroe County, there has been an increase in the number of youth who have consumed a marijuana edible.

* Source: Student Assistance Program/Monroe County Intermediate School District