



# 2019

## FREE AND LOW-COST HEALTH SCREENINGS

### FREE medication drop off.

Dispose of any expired or unused prescription or over the counter medication. Drop off is anonymous, and any patient identifying information will be destroyed.

UNITED WAY OF MONROE/LENAWEE COUNTIES

### BEDFORD – May 2, 2019

8AM—NOON

Our Lady of Mt. Carmel Catholic Church  
8330 Lewis Avenue  
Temperance, MI 48182

### DUNDEE – May 9, 2019

8AM—NOON

Dundee Assembly of God Church  
13790 South Custer Road  
Dundee, MI 48131

### ADRIAN – October 24, 2019

8AM-NOON

First United Methodist Church  
1245 W. Maple St.  
Adrian MI 49221

### MONROE—OCTOBER 17, 2019

8AM—NOON

Redeemer Baptist Church  
5305 Evergreen Dr.  
Monroe, MI 48161

(Main Entrance on S. Telegraph Rd.)

### CARLETON—NOVEMBER 7, 2019

8AM—NOON

Carleton United Methodist Church  
11435 Grafton Road  
Carleton, MI 48117

### ADULT VACCINES AVAILABLE

The following vaccines may be available to adults 19 years of age or older who are uninsured\*, or underinsured\* and meet certain risk factors: Td/Tdap, MMR, Hepatitis B, Hepatitis A. Flu and Pneumonia will be available for Medicare part B recipients.

\*Adults with vaccine insurance coverage or Medicaid do not qualify for this program.

**NO APPOINTMENT NECESSARY – MINORS MUST HAVE PARENT OR LEGAL GUARDIAN'S SIGNATURE**  
ALL HEALTH CHECK SITES WILL OFFER THE FOLLOWING FREE TESTS AND SERVICES:

Blood Pressure • Hearing • Nutrition and Medication Counseling • Height/Weight Measurement

**THE FOLLOWING TESTS WILL BE AVAILABLE FOR A SMALL FEE:**

ACCURATE RESULTS FOR SOME BLOOD TESTS REQUIRE FASTING FOR 12 HOURS. TAKE ALL MEDICATION WITH WATER ONLY.

**BLOOD PANEL—\$20** A 22-test profile that includes a complete blood cell count, liver, kidney and thyroid function, glucose, sodium, potassium, cholesterol, triglycerides, HDL, and LDL.

**HA1C—\$15** A blood test that aids in diagnosing and in monitoring diabetes.

**VITAMIN D--\$15** Measures how much vitamin D is in your body. **Vitamin D** is essential for healthy bones, and a lack of it can lead to health problems, including cardiovascular disease.

**COLORECTAL CANCER KITS—\$5** Take home kits that may detect early warning signs of ulcers, cancer or colitis

**FOR MORE INFORMATION CONTACT: HEALTH CHECK AT (734) 242-1331**

SPONSORED BY:

United Way of Monroe/Lenawee Counties • ProMedica Monroe Regional Hospital • Family  
Medical Center of Michigan • RSVP • Monroe County Health Department

Carleton United Methodist Church • Redeemer Baptist Church • Our Lady of Mt Carmel Catholic Church • Dundee Assembly of God

\*All tests: subject to availability at time of Health Check